

# Combining Intuitive Gaze-Based Control with EEG-Based Detection of Motor Imagery and Quasi-Movements

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Our website



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## 1 Introduction

- Gaze-based interaction allows users to control interfaces by looking at objects [Majaranta et al. 2019]. Hybrid eye-brain-computer interfaces (EBCIs) [Reddy et al. 2024] combine gaze with BCI control, typically using **motor imagery (MI)** – an internal task.
- MI-BCIs are used in assistive tech and neurorehabilitation [Villa-Berges et al. 2023], but gaze instructions can interfere with internal task performance [Walcher et al. 2023], potentially complicating feedback preception during MI.
- An external alternative to MI is attempted movements [Mansour et al. 2022], which could be modelled via **quasi-movements (QM)** – movements reduced to the point of no muscle activation [Nikulin et al. 2008]. QM have not yet been used for online BCI control.

## 2 Ideas & Hypotheses

- We, for the first time, used QM in online BCI. We tested a complementary EBCI interaction model in which gaze ensures precise target selection, and the QM/MI-BCI frees gaze for continuous feedback monitoring. Gaze-based control in the setup was designed to reduce demands on gaze behavior.

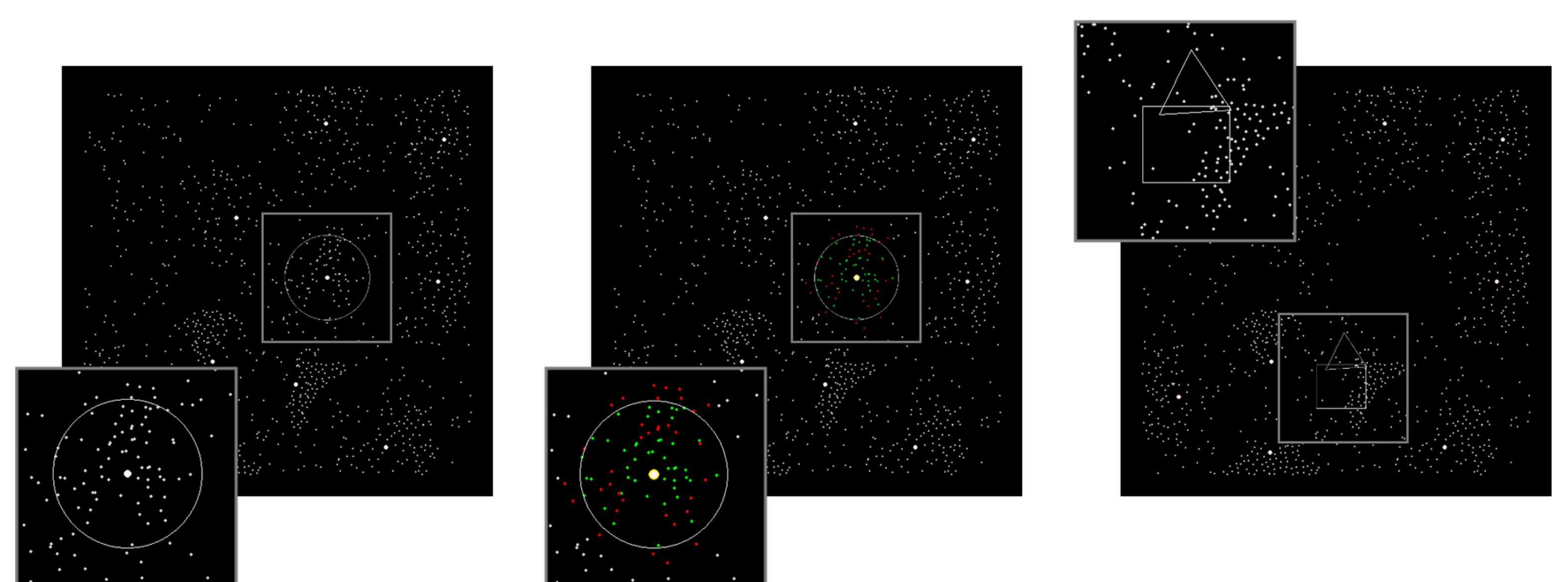
- Hypotheses:

**H1:** QM-based EBCI control will be more efficient than MI-based control.

**H2:** User experience (UX) ratings will be more positive under the QM condition.

## 3 Methods

- 19 healthy volunteers (median age 24) participated in this study.
- 64 channel EEG and EMG (NVX136 amplifier) were recorded, gaze was tracked at 500 Hz (EyeLink 1000 Plus).
- Participants played AstroSync, a custom game involving gaze-based selection and BCI feedback monitoring during QM/MI in separate conditions. Fixating on large stars (Fig. 1A) initiated 8s constellation interaction (Fig. 1B). Early execution of QM/MI blocked interaction (Fig. 1C); delayed cessation triggered red activation of outer star bands.
- BCI efficacy was measured by: (1) % of green bands, (2) blocked interactions per star, (3) outer bands per star.
- UX was assessed using NASA TLX [Hart and Staveland 1988] and the System Usability Scale (SUS) [Brooke 1996].



(A) Constellation selection

(B) Interaction with a constellation

(C) Blocked interaction

Fig. 1 AstroSync gameplay situations. Large hitboxes and long selection times were used to reduce gaze strain. EEG classification determined success (green star bands) or failure (red).

## 5 Results

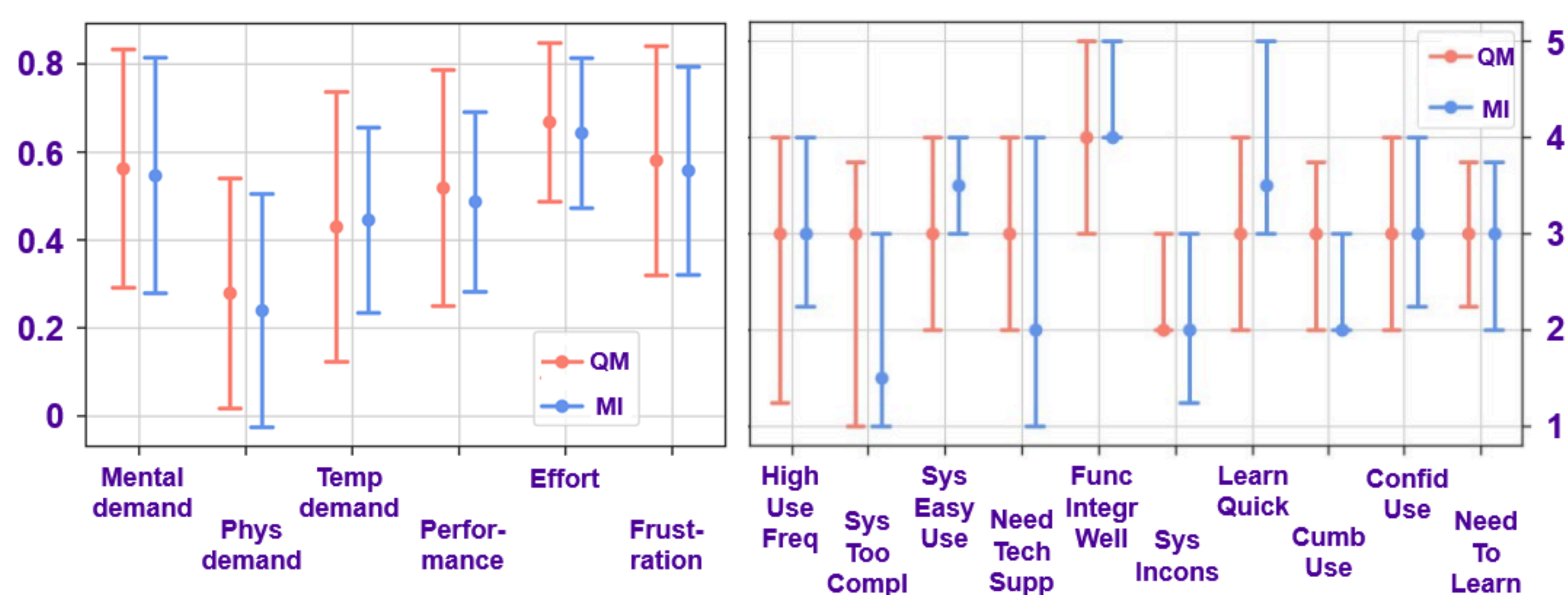


Fig. 3 NASA TLX and SUS ratings

**[Performance]** The average % of green bands was ~80 in both QM and MI modes (Fig. 4C). Overall, BCI control was successful, but H1 was not confirmed across all metrics.

**[UX]** NASA TLX: Physical demand ratings were significantly below the midpoint (QM:  $t(17)=-3.59$ ,  $p=.002$ ; MI:  $t(17)=-4.17$ ,  $p=.001$ ), while overall effort was significantly above it (QM:  $t(17)=3.95$ ,  $p=.001$ ; MI:  $t(17)=3.57$ ,  $p=.002$ ). SUS (MI condition): System complexity ( $W=6$ ,  $p=.002$ ) and function integration ( $W=4.5$ ,  $p=.001$ ) were rated positively. No significant differences were found in pairwise comparisons. See Fig. 3.

**[Gaze]** Participants monitored the constellations for visual feedback (Fig. 4A), but used prolonged gaze fixations to initiate interaction (Fig. 4B, 4D).

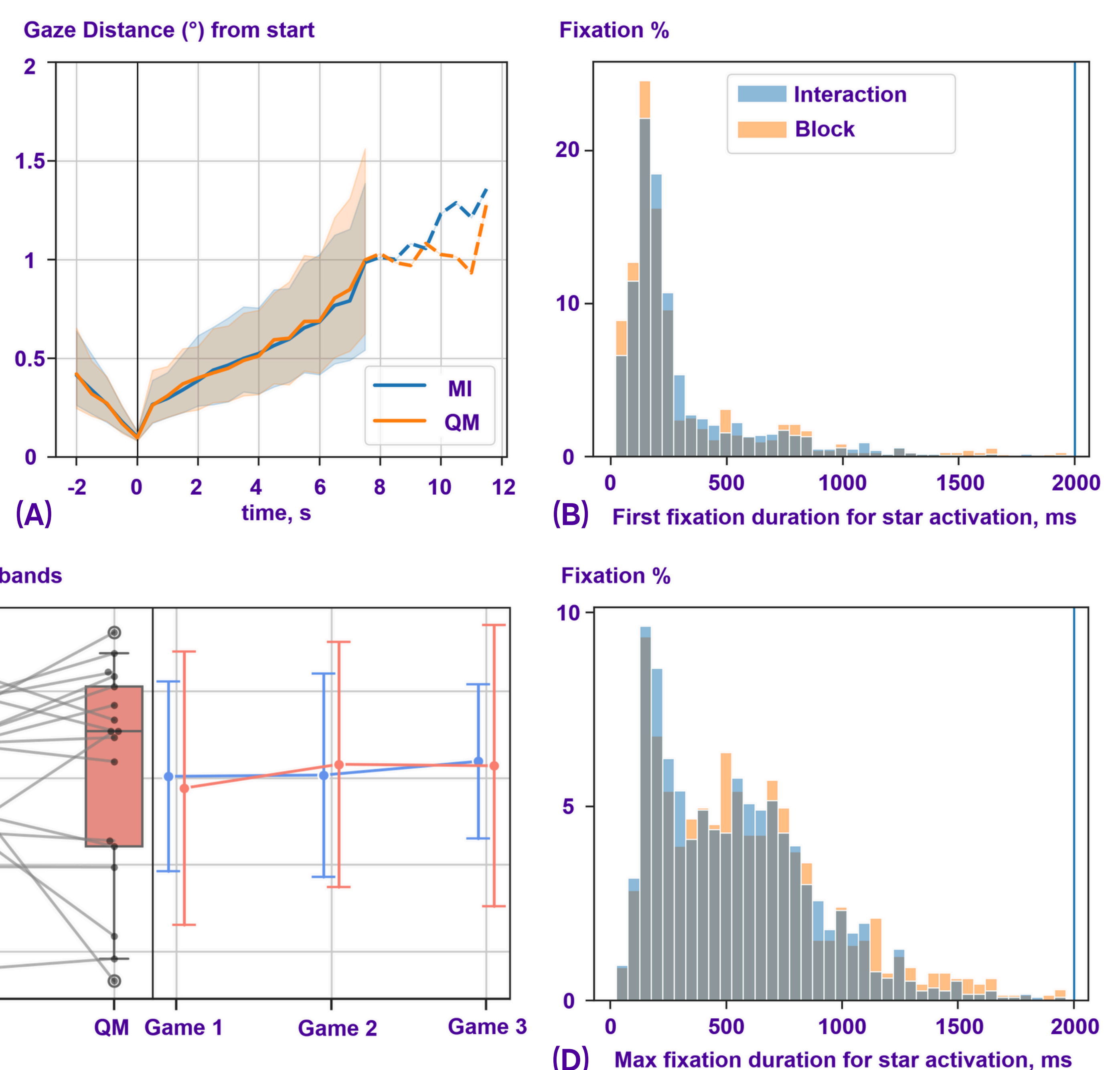


Fig. 4 EEG classification and gaze results

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## 6 Conclusion

- The results confirmed the feasibility of using QM for BCI control in combination with gaze-based control, however, our hypothesis of QM superiority was not confirmed. Future work should explore the system's viability in real-world settings, including clinical applications.